Heather Feinberg
Grade 4
30-45 minutes

What's Cyberbullying?
[Common Sense Media](#)

Purpose Statement: What is cyberbullying, and how do you deal with it?

Objectives:
- Recognize similarities and differences of in-person bullying and cyberbullying
- Identify strategies for dealing responsibly with cyberbullying
- Empathize with the target of cyberbullying

Materials needed:
- Chalkboard/Whiteboard
- *That's Cyberbullying Student* Handout
- *Cyberbullying Family Tip Sheet*

Purpose Statement: How do you think it feels to be bullied, why?

Hook/Relevance: What are positive aspects of going online? What are some of the ways that people hurt other feelings online?

Vocabulary:cyberbullying, target, empathize, bystander, upstander

Lesson Activities/Discussions:
1. Draw a Venn Diagram on the board. Write "Bullying" and "CyberBullying" for each circle.
2. Explain how both in-person bullying and cyberbullying are hurtful to the target.
3. Define empathize and have students share a memory when they empathized with someone.
4. Distribute *That's Cyberbullying* handout and have students read the scenario out loud. Have students work with a partner to read and answer the questions.
5. Continue class discussion with key issues/questions.
6. Have students create a group poster displaying the steps to handle cyberbullying. (i.e. don't respond/retaliate, block the bully, save and print, talk to a friend, tell a trusted adult.)

Key Issues/Questions:
1. What are some of the similarities and differences between bullying and cyberbullying?
2. Imagine someone saying that they hate you and making fun of you everywhere you go at school. Now imagine someone doing that on the Internet. How are these two situations similar/different?

3. What advice would you give Sondra about how to handle the situations?
4. What do you think the people who are bullying Sondra would say about their behavior?

Wrap up:
1. What are some words or phrase to describe how it feels to be cyberbullied?
2. How is cyberbullying the same and/or different than in-person bullying?
3. What are some ways to handle a cyberbullying situation?

Assessment: *What's Cyberbullying* Assessment